

X^ ROME 21K
SUNDAY NOVEMBER 19th 2023
8:30a.m.

The Forhans Team organizes, on November 19th, 2023, the sporting event called X^ Rome21k - Half Marathon. The event is divided into 2 competitive events, the X^ Rome 21k (on the certified distance of a half marathon) and the X^ Rome 10k (on a distance of 10 km), and a 10 km non-competitive event called X^ Rome 10k Fun, open to everyone, lovers of running, sport walking (Fit and Nordic Walking), families etc.

Both competitive distances (21k and 10k) are organized under the aegis of FIDAL.

The "X^ Rome 21k" is on the official half marathon distance (21,097 Km) and will start at 08:30 a.m.

The " X^ Rome 10k" will also start at 09:00a.m.

The "X^ Rome 10k Fun" will start in the queue of the Rome 10k and foresees the same route.

COMPETITIVE RULES (21K and 10K)

1) REQUIREMENTS FOR PARTICIPATION

Based on the provisions of the "Rules for the Organization of No-Stadia Events" issued by FIDAL, athletes registered in Italy can participate, limited to people from 18 years for the 21K and 16 years for the 10k onwards (thousandth) of age in possession of one of the following requirements

- Italian and foreign athletes in possession of Runcard (valid as sports insurance and permission to compete) and Athletes registered for a Sports Promotion Body (Athletics Section), in possession of Runcard-EPS, limited to people for 18 years of age in possession of a valid medical certificate of specific competitive fitness for athletics, which must be delivered, digitally as well, to the organizing companies of each event.
- Italian/foreign athletes not registered in Italy in possession of a club card affiliated with Foreign Athletics Federations recognized by World Athletics. Upon registration, they must alternatively present the self-certification of possession of the card recognized by World Athletics. The self-certification will then, however, be signed in original upon collection of the bib.

Foreign citizens who participate for **tourism-sports purposes** can also participate without sending a medical certificate, by duly filling in the Liability Waiver Form (DOWNLOAD MODEL) and sending it to the address rome21k@icron.it along with an identity document.

This non-competitive event for tourism/sports purposes does not fall under the aegis of FIDAL, as not registered. Foreign participants will be able to start in the grids set up for the competitive race based on the season staff on the half marathon (or the closest official distance) which they must indicate at the time of registration but will be identified with different bibs, they will not be included in the ranking and they will not be able to benefit from prizes in kind, in cash, vouchers, bonuses, engagements, and/or reimbursements of any kind.

The indicated time will be verified by the Organization and in the event of a false declaration or inability to verify the athlete, the athlete will be started on the last grid (NON-competitive race).

ATTENTION:

This protocol is in application of the regulations enforced on the date of the drafting of the regulation and is, therefore, susceptible to variations in the event of adaptation or variations of the protocols imposed by the competent authorities. Each participant is required to check for updates regarding the Anti Covid-19 security protocols as the date of the event approaches, on the website www.rome21k.com.

2) REGISTRATIONS

a) INDIVIDUAL

Individual athletes will be able to register directly online on the website www.rome21k.com

The commissions applied on the online registration service are not included in the quotas indicated.

b) COMPANY

The clubs can register either by using the online registration form on the website www.rome21k.com or, alternatively, by sending the list of athletes, in Excel format and complete with all the necessary data, to rome21k@icron.it

The deadline for registration is friday November 10th, it will not be possible to register after this day and in anycase on the day of the race.

Upon registration, each athlete must indicate their seasonal staff on the competition distance (or the closest official distance) and the event in which it was registered. The organization will verify the declared personnel. Elite athletes are considered to be athletes who have a time of less than "1h 06 'for Men and 1h 21' for Women"

3) REGISTRATION COMPLIANCE

Athletes at the time of registration must indicate:

- FIDAL card number (or card of foreign federations affiliated with IAAF or IPC)
- Number of RunCard Fidal or RunCard EPS
- a copy of the payment if it was made by bank transfer
- a copy of the valid competitive medical certificate for Athletics

Athletes with an IRREGULAR or INCOMPLETE registration will be automatically excluded from the list of athletes registered for the race and will therefore not be able to take part in the event.

At the end of the registration (from November 10th) each athlete will be sent a "Confirmation letter" which will be necessary to collect the race bib.

4) REGISTRATION FEES

The cost of registering for the X^ Rome by night - X^ Rome 21k (Half Marathon) is set at:

- € 30,00 until October 15th
- € 34,00 until November 04th
- € 38,00 until November 10th

Note: at the opening of registrations, a promotional rate of € 25 will be applied to the first 500 people who register for the event.

The cost of registering for X^ Rome by night - X^ Rome 10k is set at:

- € 15,00 until October 15th
- € 18,00 until November 04th
- € 20,00 until November 10th

Sports Clubs Promotion: for every 10 registered athletes, 1 will be FREE

The above promotion is valid for athletes registered for the 21k or the 10k.

The promotion cannot be combined between the two race distances and with other promotions.

BE CAREFUL: the fee to be paid relates to the DATE of payment and not to the date of registration for the race.

5) REFUND OF REGISTRATION FEES

The registration fees will NOT be refundable under any circumstances. However, if an athlete is unable to participate, he can transfer his registration fee to another athlete or postpone it to the following year.

a) Transfer to another athlete

The new registered athlete must send, by November 10th, an email to rome21k@icron.it attaching the valid card.

b) Transfer to 2024

By November 10th, it will be possible to transfer the registration to the following year by sending an email to rome21k@icron.it. In this case, it will not be possible to collect the race package for the current year.

6) METHOD OF PAYMENT

The registration fee can be paid with:

- Credit card by following the online registration procedure
- Bank transfer, at the expense of the sender, to the IBAN: IT88Z0542441520000001002757 payable to Tempogara srls

NOTE: payment by bank transfer will be possible until, and no later than November 10th.

7) BIB COLLECTION

The bibs can be collected individually by the athlete registered for the race.

Friday 17th and Saturday 18th November

at the "Expò Rome 21K" village set up in the Auditorium Parco della Musica – Via Pietro de Coubertin 30 - open from 12 to 6 pm on Friday 17 November and from 10am to 6pm on Saturday 18 November.

To collect the race bib, the following documents are required:

- Registration confirmation letter (sent to athletes after registration closes, after November 10th)
- An identity document

The bibs cannot be collected on the day of the race.

Those unable to collect the bib in person can delegate someone to collect on their behalf; the delegate must bring:

- A letter confirming registration from the delegator (sent to athletes upon closing registrations, After November 10th)
- A proxy of the athlete for whom you want to collect the bib signed by the delegator and the delegate
- Photocopy of the identity document of the delegator

8) RACE GADGET

T-shirt

The technical jersey will be delivered to:

- the first 4000 members of the X^ Rome 21k
- the first 1000 members of the X^ Rome 10k
- the first 1000 members of the X^ Rome 10k Fun

The T-shirt of the event will be delivered together with the race bib.

During the bib collection it will not be possible to see or try on the sizes of the technical T-shirt.

Medal

The participation medal will be guaranteed to:

- the first 4000 athletes who will complete the X^ Rome 21k
- the first 2000 athletes who will complete the X^ Rome 10k (competitive and non-

competitive)

The medal will be awarded after arrival.

9) TIMING and RANKINGS

The timing and data processing service will be managed by Icron (www.icron.it).

The processing of the rankings will be carried out using the chip that each athlete will find attached behind the bib.

The chip is of the "disposable" type and must not be returned after the race.

Athletes who manipulate the chip will not appear in the rankings.

The final race rankings, in addition to Gun Time, will also be based on Real Time, thus considering the actual passage under the starting arch.

During the race it will be possible to follow its progress in "live tracking" mode, i.e., by viewing the athletes' passages at the various checkpoints and upon arrival, on a PC or mobile device at www.icron.it.

The official ranking, after the validation of Fidal's Judges, will be uploaded online on the Organization's website (www.rome21k.it) and on www.icron.it

10) MEETING-DEPARTURE-ARRIVAL

The meeting will be scheduled from 7:00a.m.

Starting grids will be set up according to the number of participants in the race.

The detailed procedures for entering the grid and the starting procedures will be sent to each participant duly registered in the 2 days preceding the race.

ATTENTION:

The following procedures are in application of the regulations in force at the date of the drafting of the regulation and are, therefore, susceptible to variations in the event of adaptation or variations of the protocols imposed by the competent Authorities.

Each participant is required to check for updates as the date of the event approaches, on the website www.rome21k.com.

At 08:30a.m. the departure of the X^ Rome 21k is scheduled.

At 09:10a.m. the start of the X^ Rome 10k (competitive) is scheduled, and in the queue of the competitive race, the Rome 10k Fun (non-competitive).

The arrival of the X^ Rome 21k, the Rome 10k, the non-competitive X^ Rome 10k Fun it will always be near the start.

After the finish, the athletes will have to continue towards the refreshment area and then exit the restricted area. It will NOT be allowed to stop beyond the finish line.

The specific post-arrival procedures will be indicated in the technical document sent to the athletes in the days immediately preceding the race (after November 10th).

COMPANY GAZEBO AREA:

The area reserved for companies will be communicated later, as the event approaches

11) PACER

The Pacer service will be provided by the Marathon Truppen group and will be scheduled for the following timeslots:

1h25'	4'03"/Km	1h50'	5'14"/Km
1h30'	4'17"/Km	1h55'	5'28"/Km
1h35'	4'31"/Km	2h00'	5'43"/Km
1h40'	4'45"/Km	2h06'	6'00"/Km
1h45'	5'00"/Km	2h15'	6'25"/Km

12) REFRESHMENT

Refreshments for the Half Marathon will be provided as per RTI (5km - 10km - 15 km - 20k).

Upon arrival, a "refreshment pack" containing drinks and/or food products will be delivered to facilitate the outflow of athletes from the area.

13) BAG DEPOSIT

The bag deposit, for both 21k and 10k, will be inside the area reserved for athletes and indicated by appropriate signs.

Athletes wishing to take advantage of the bag deposit made available by the Organization will have to bring their own bag/sack (maximum dimensions 40x20x25 cm) where a sticker number corresponding to the bib will be attached to the outside of it.

At the end of the race, to collect their bags, athletes must mandatorily show their bib number.

14) RACE COURSE

It should be noted that, until the final approval by the competent authorities, the race course is subject to changes and therefore considered provisional.

15) TIME LIMIT

The maximum race time is set at 2h and 45' for the half marathon and 1h and 40' for the 10km competitive one. All athletes who pass after these times will be invited by the staff to stop or proceed independently and under their own responsibility outside the sporting event.

In this case, the Organization will not be able to guarantee the tender services (traffic blocking, refreshments and medical assistance) and will therefore not be responsible for any situation that may arise.

16) AWARDS

The awards ceremony will take place on the awards stage from 10:15 a.m.

The category awards will take place starting at 11:00 a.m. at the dedicated gazebos, where the winners must personally collect the prize by showing their bib number. Athletes unable to personally collect the prize will be able to delegate the withdrawal, the delegate must in any case show the bib number of the winner.

Unclaimed prizes will no longer be payable from the following day.

a) INDIVIDUAL AWARDS

The following will be rewarded:

X^ Rome 21k:

- the first 3 * classified Absolute M / F with prize money (1st 400.00 - 2nd 200.00 - 3rd 100.00)
- the first 3 * Italians, Absolute M / F with cash prize money (1st 100.00 - 2nd 50.00 - 3rd 25.00)

**the prize will be paid up to the limit of only the chronometric performances of 1h and 11' for men
and 1h and 23' for women*

- the first 3 athletes of each M / F category with technical material and / or prizes in kind

*** NOTE: the prizes cannot be combined and therefore will be excluded from the category awards the athletes already awarded in the overall ranking.*

X^ Rome 10k

- the first 3 classified M / F with technical material and / or prizes in kind
- the first 3 athletes of each M / F category with technical material and / or prizes in kind

*** NOTE: the prizes cannot be combined and therefore will be excluded from the category awards the athletes already awarded in the overall ranking.*

REFERENCE CATEGORIES

Juniors (JM / JF) 18-19 years
Promises (PM / PF) 20-22 years
Seniores (SM / SF) 23 years and over
Amateurs 23-34 years
SM / SF35 35-39 years
SM / SF40 40-44 years

SM / SF45 45-49 years
SM / SF50 50-54 years
SM / SF55 55-59 years
SM / SF60 60-64 years
SM / SF65 65-69 years
SM / SF70 70-74 years

The prizes are not cumulative.

b) AWARDS FOR COMPANIES

The first 20 companies * with the highest number of points obtained will be rewarded with reimbursement of expenses. For each athlete who arrives, 1 point will be awarded for the X^ Rome 21k and 0.5 points for the X^ Rome 10K.

* only the companies that have sent the registrations with the company / group form will be entitled.

The first 5 companies must total a minimum of 50 points - from the 6th to the 10th must total a minimum of 30 points - from the 11th to the 20th company must total a minimum of 20 points.

c) PRIZE MONEY

1^ society € 1.000	5^ society € 300	11^-15^ society € 80
2^ society € 700	6^ society € 200	16^-20^ society € 50
3^ society € 500	7^ society 150	
4^ society € 400	8^-9^-10^ society € 100	

The amount of the prizes must be understood gross of withholding taxes and will be delivered within 90 days of the event.

17) COMPLAINTS

Any complaints must be submitted in writing to the Appeals Judge within 30 minutes of publication of the results, accompanied by a complaint fee of € 100.00, which will be refunded if the complaint is accepted.

For anything not contemplated in this regulation, reference is made to the organizational technical regulations approved by FIDAL.

18) NON-PERFORMANCE

In the event that the race is canceled and/or postponed to another date, or in any case, not carried out for causes or reasons not attributable to the will of the Organization, including the revocation of the authorization to carry it out by the Public Bodies competent, the registered athlete will have nothing to claim from the Forhans Team, neither for the refund of the amount paid for the registration, nor as a reimbursement of any expense incurred or to be incurred.

The presentation of the registration application has the value of acceptance of this clause and as an express waiver of any claim resulting from the cancellation and/or postponement of the race, both relating to compensation for any damages suffered and/or for compensation and/or for any other reinstatement and/or satisfactory claim for any pecuniary and non-pecuniary damage, suffered and undergoing.

In the event of cancellation and/or postponement of the race, the registration made may be used for the new established date or may be used for the race to be held the following year.

19) IMAGE RIGHT

By registering for the "X^ Rome by night - X^ Rome 21k" the athlete expressly authorizes the Organization to acquire the right, together with their partner media, to use the still or moving images on which he/she may appear, taken during his/her participation in the "X^ Rome by night - X^ Rome 21k", on all media, including promotional materials and/or advertising produced and disseminated all over the world and for all the maximum time required by laws, regulations, and by the treaties in force including any extension that may be made to the envisaged period.

20) DATA PROCESSING

INFORMATION FOR THE PROCESSING OF PERSONAL DATA (pursuant to EU regulation no. 679/2016)

The data controller is Forhans Team SSD based in Rome, Viale Giulio Cesare 47, 00192 Rome (Owner), the following email address is available for any contact: info@forhansteam.it

The processing of personal data is carried out exclusively for the purposes relating to the "X^ Rome 21k" sporting event. The data provided will be processed lawfully and fairly, as established by the EU European Regulation no. 679/2016 and by Legislative Decree 196/2003 as adapted by Legislative Decree 101/2018, regarding the protection of personal data.

The provision of personal data is mandatory for the purposes of participation in the event and consent to the processing is expressed with the request to register for the event. Any refusal will make it impossible to register. The processing of personal data is carried out by the Data Controller and by the persons authorized by him. The data can be communicated to CONI, FIDAL, IAAF, EA, EMA, CIO, and other public bodies. The data can also be communicated to national and international sports justice bodies. Where necessary, the communication of the data provided may be made to third parties who provide collateral and instrumental services. For the right to report and documentation of sporting activities, the data may be published with the means that the Forhans Teamdeems most appropriate. The dissemination of data will take place within the limits of the essentiality of the information (principle of essentiality) regarding facts of public interest.

The Data Controller will process the personal data provided for the time necessary for the event and subsequently for archiving for historical and statistical purposes. Personal data may be transferred to countries of the European Union and to third countries for the achievement of institutional purposes. The rights contemplated by the regulations in force on Data Protection may be exercised at any time, more specifically the right to access personal data, the rectification or cancellation of the same, the limitation of treatment or opposition to the treatment itself and the right to complain to a supervisory authority.

21) RESPONSIBILITY OF THE PARTICIPANT

The registered athlete is responsible for the ownership and custody of his/her race bib, whose exhibition guarantees the right to use all the services mentioned in this regulation and subsequently communicated.

1. Anyone who, without regular registration, participates without a bib, in addition to being held responsible for damage to persons or property, including himself, will incur sports sanctions under the jurisdiction of the federal bodies and may be subject to the penal sanctions provided for the crime of "theft" (art. 624. Criminal Code).

2. Anyone who, without regular registration, participates with a counterfeit bib or in any case that does not comply with the assignment, or with a bib of another, in addition to being responsible as indicated above, will incur sporting sanctions and, moreover, may be subject to the penalties provided for the crime of "theft" (art. 624. Criminal Code), or, alternatively, for the crime of fraud (art. 640 Criminal Code).

In cases 1) and 2) the participants may be subject to the penalties provided for the crime of "non-compliance with the provisions of the Authorities" (art. 650 of the criminal code). The aforementioned cases will be found upon verification of photographic and/or video documentation.

It is forbidden to enter grids other than those assigned at the time of registration, as well as to throw, inside the starting grids and on the venue of the race course, t-shirts, capes or any other object that could cause hindrance or the fall of athletes who transit successively. In case of violation, the athlete will be held responsible for the damage caused, resulting in both criminal and civil actions.

It is forbidden to "cut" the established course and/or take shortcuts and/or enter the race course from a different point than the starting line. Failure to comply with this obligation will result in the athlete being disqualified, as well as being liable for any damage caused to third parties

